

[Ostrich Burgers](#) are a great tasting and healthy burger. They taste incredible! The first time that I tasted one, I couldn't believe that it was ostrich. It tasted just like a quality beef burger. The big difference is the amount of fat contained within each burger. There is about 10% of the fat that you would normally find in a beef burger, so they are not only tasty, but a healthy alternative. The texture is also just like a beef burger, so the kids probably wouldn't even know the difference, other than you can give them ostrich burgers every day.